

Medication of choice:

Over the counter cough and cold medicine BID for 3 days if no HTN or cardiac issues
If patient has history of HTN/ cardiac issues, call provider for orders first.

Physician's Orders:

CxH Results normal - in
Place on provider's list
Encourage fluid intake

STAFF SIGNATURE

Date: 3/26/19

PHYSICIAN'S SIGNATURE

Date: 3/28/19

Hills, Kristina Marie
 DOB: 09/17/1976
 NN#: 644
 Allergies: NKDA

D.O.B. ____/____/____

3/26/19
 Date

1210
 Time

Allergies: NKDA

S. Ask the inmate:

Do you have a history of asthma? no

Is there history of COPD/emphysema? no

How long have you had the symptoms? 1 week

Is the cough productive? If yes, what is the amount and color of sputum?

yellowish / green / brown

Are any of the following symptoms present, runny nose, fever, headache, earache, dyspnea or chills?

Any history of high blood pressure or cardiac issues? no

O. Examine the inmate: T: 98⁷ P 110 R 18 B/P 112/79, 97%

Lung sounds: rhonchi noted upper & middle lobes, diminished & basal

General appearance: good

Examine throat and ear canals: throat well, @ ear slightly pink

P. Treatment:

*Increase clear fluid intake

*Obtain rapid strep screen if sore throat for more than 3 days

*Advise patient to follow up if symptoms worsen or are not relieved with protocol treatment

Contact provider if:

Temperature is greater than 100.7 degrees

Any pustules on tonsils or back of throat.

Rapid strep screen is positive.

Difficulty breathing/adventitious lung sounds

Any pressure in facial area with symptoms for more than 10 days

Any rash noted along with symptoms